

Diabetes and Diabetic Retinopathy

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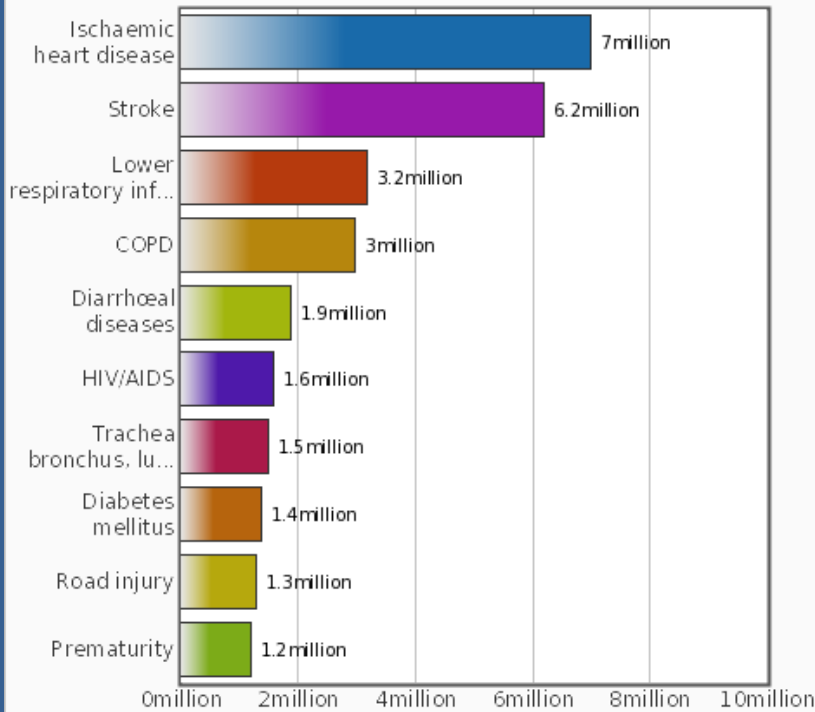


DIABETES

- **347 million people** worldwide have diabetes
- In 2004, an estimated **3.4 million people died** from consequences of high fasting blood sugar
- **More than 80% of diabetes deaths** occur in low- and middle-income countries (3).
- WHO projects that diabetes will be the 7th leading cause of death in 2030
- Healthy diet, regular physical activity, maintaining a normal body weight and avoiding tobacco use can prevent or delay the onset of type 2 diabetes.

BETES

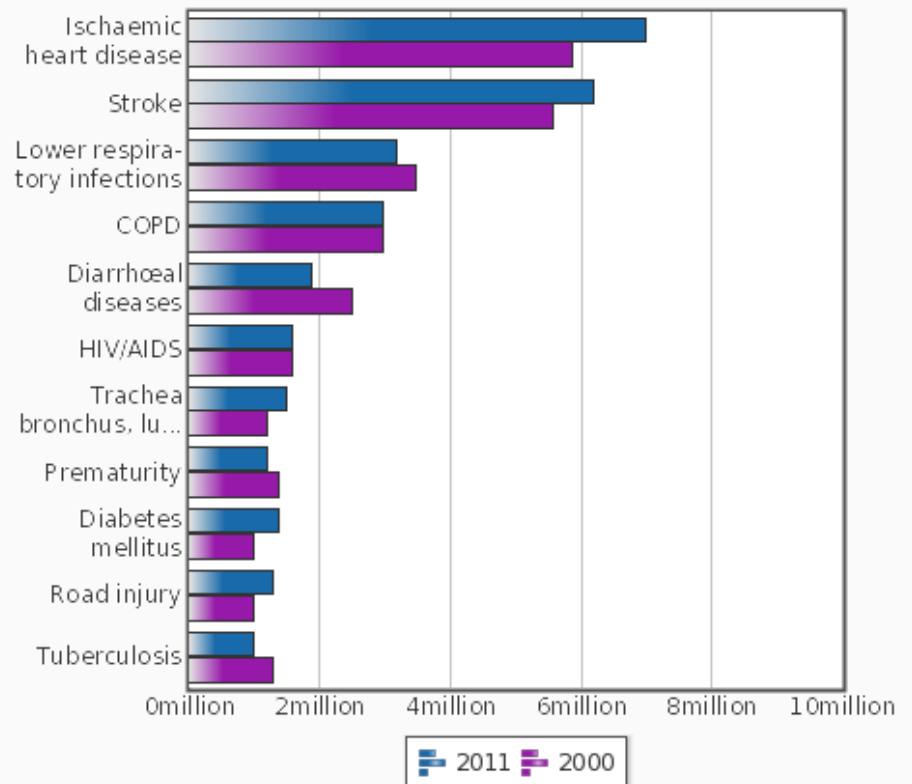
The 10 leading causes of death in the world 2011



... disease and stroke. 50% of people with ... (primarily heart disease and stroke)

... neuropathy (nerve damage) in the feet ...

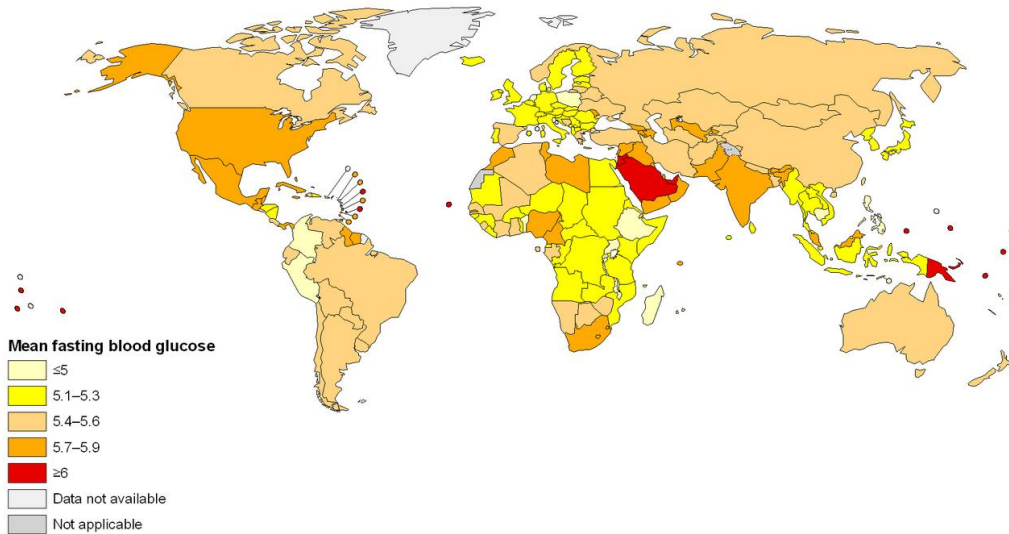
Comparison of leading causes of death over the past decade, 2000 and 2011



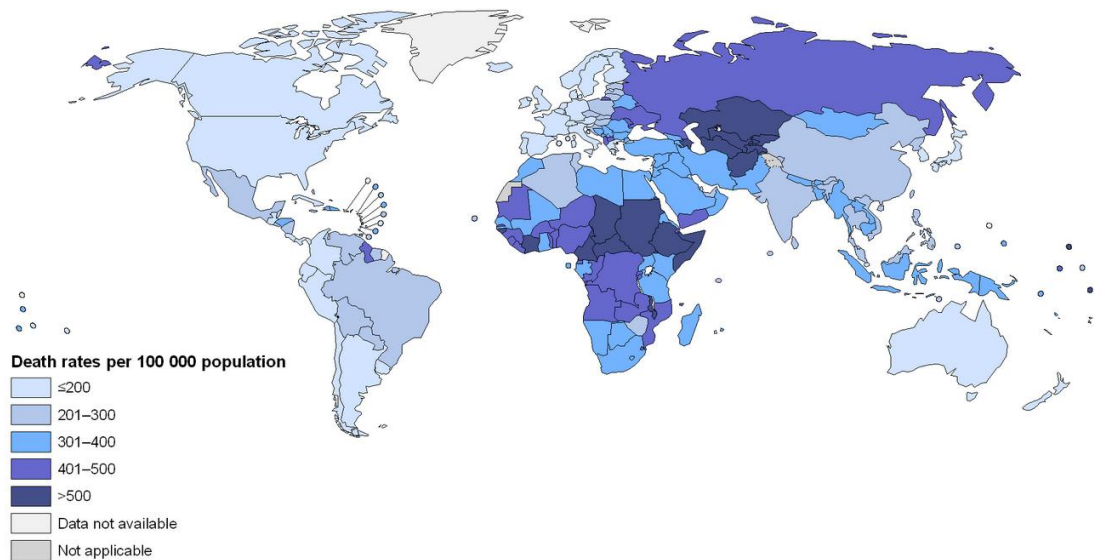
Diabetes is among the leading causes

The overall risk of dying among people of their peers without diabetes

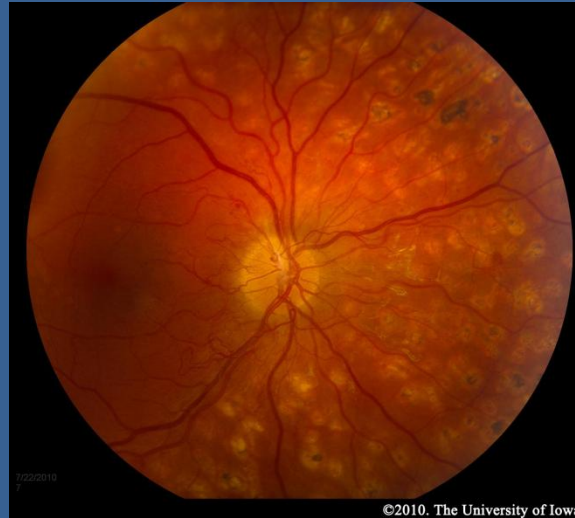
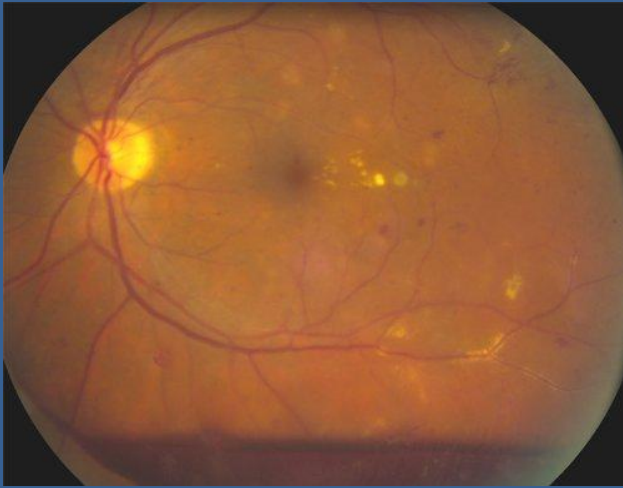
Mean fasting blood glucose (mmol/L), ages 25+, age standardized
Females, 2008



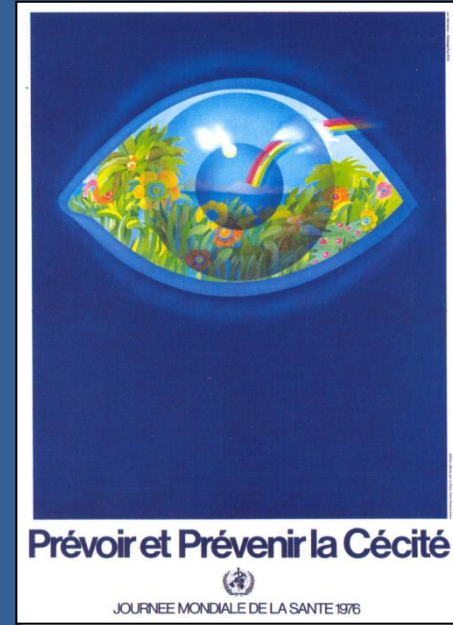
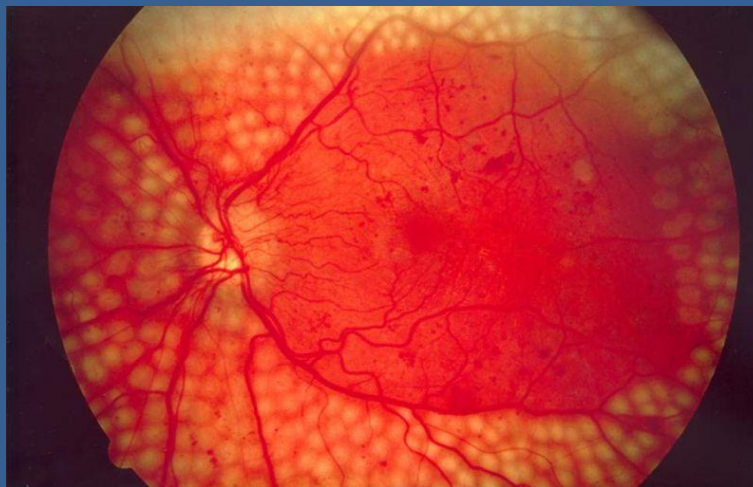
Cardiovascular diseases and diabetes, death rates per 100 000 population, age standardized
Females, 2008



DIABETIC RETINOPATHY



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DIABETIC RETINOPATHY

DR is estimated responsible of 4.8% of all cases of blindness

More than 75% DM patients experience some form of DR

DR develops in almost all Type 1 and 77% of Type 2 diabetes patients >20 yrs survival

90% of persons with DM for over 10-15 years have some degree of DR*

Evidence-based treatment can reduce the risk of vision loss by >90%

From our latest global estimates, people with VI solely attributed to DR are 4.2 millions

Only 50% of DM patients and only 60% of high risk (DR+) DM patients receive regular eye examination once a year

MAGNITUDE OF VISUAL IMPAIRMENTS

2004 Estimates

- 314 M Visually Impaired
- 45 M Blind
- 269 M Low Vision

2010 Estimates

- 285 M Visually Impaired
- 39.3 M Blind
- 246 M Low Vision

- 9.2%

!

Tot pop 6.21B

Tot pop 6.79B

+8%

> 50 y.o. 1.14B

> 50 y.o. 1.34B

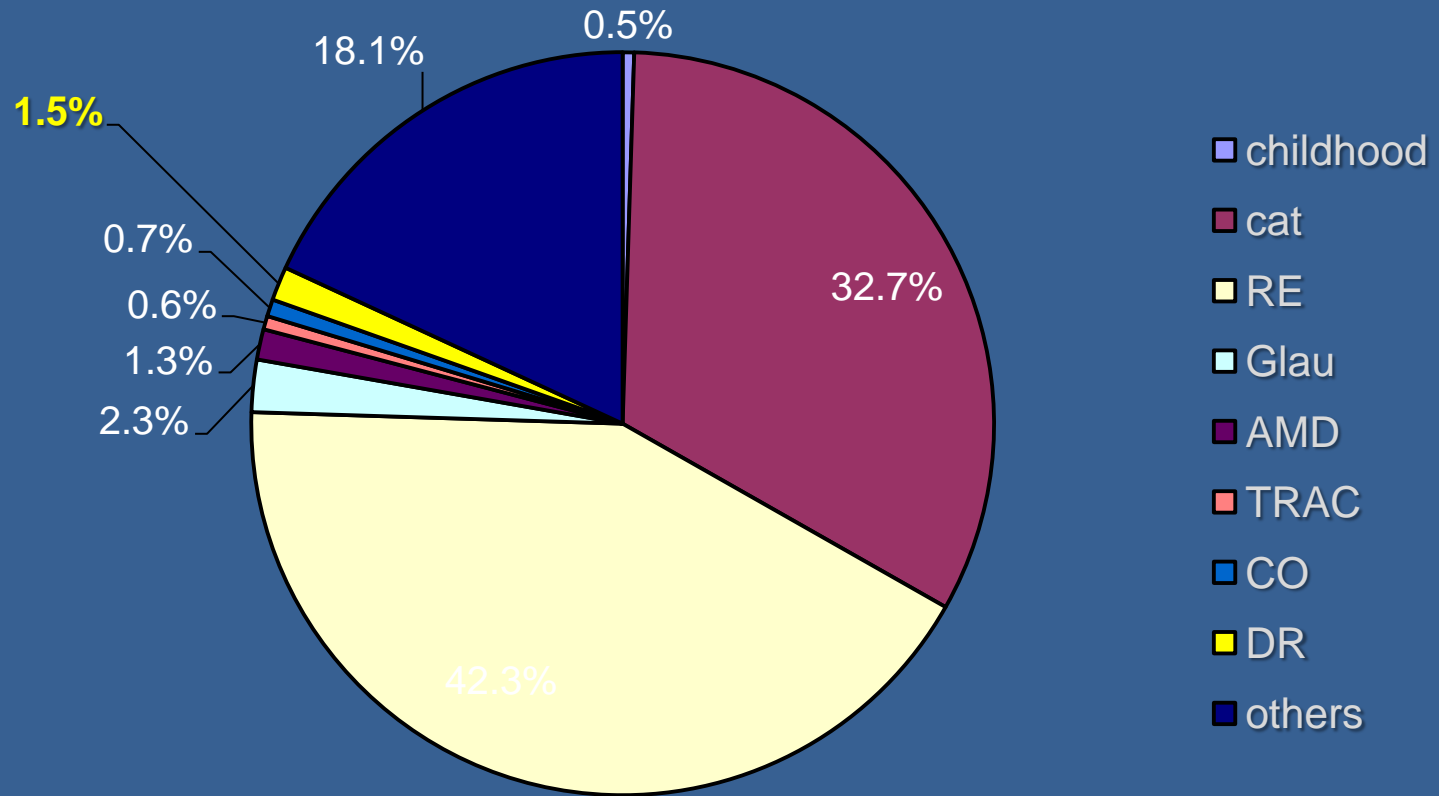
+18%

4,2 M VI from DR

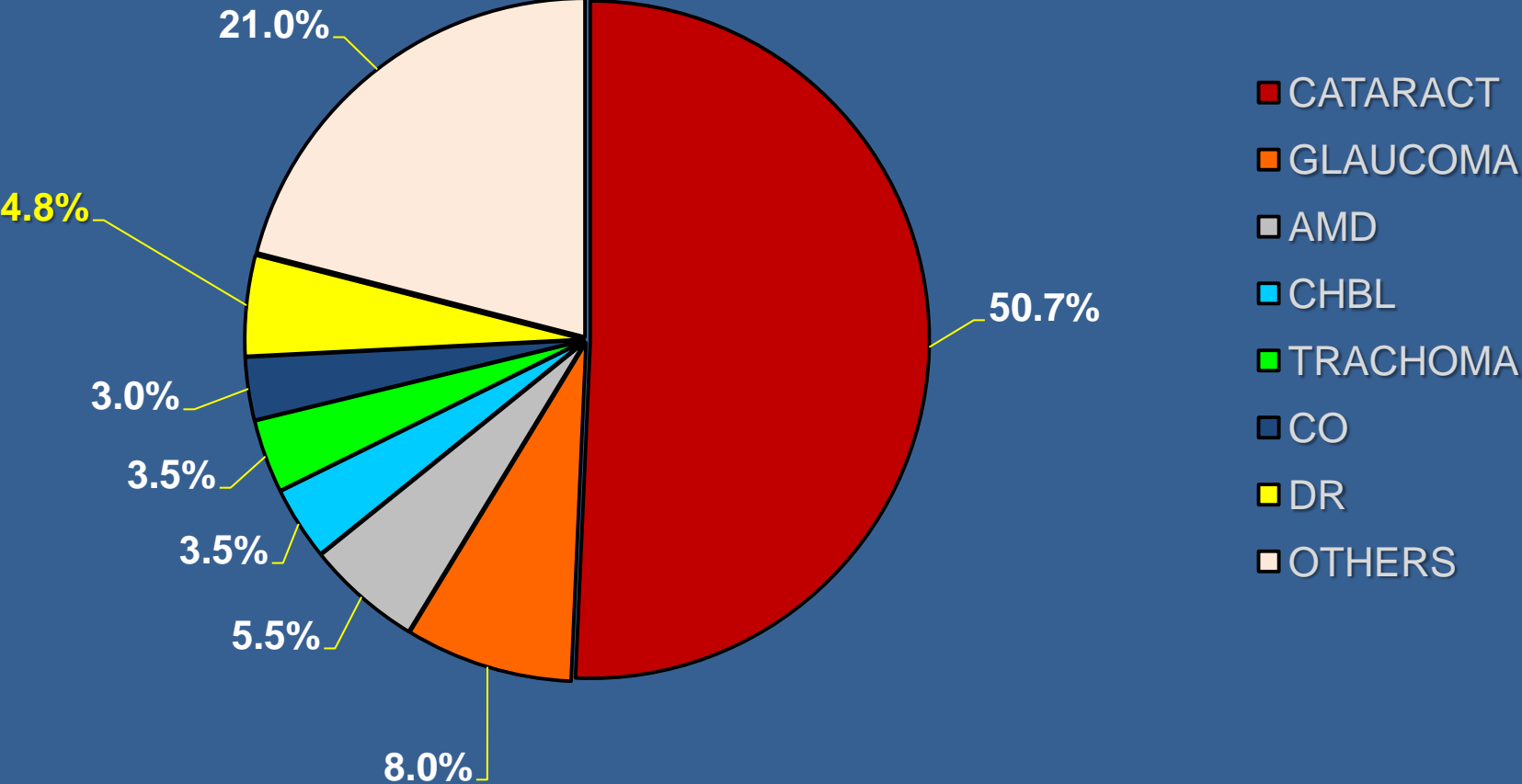
1,2 M BI From DR

155 M DR / 14.6 M sight threatening DR

CAUSES OF VISUAL IMPAIRMENT



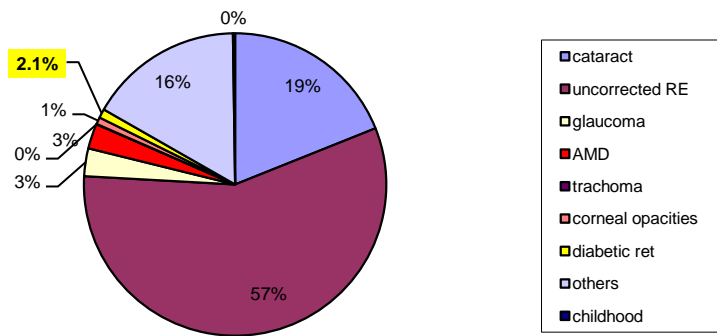
CAUSES OF BLINDNESS



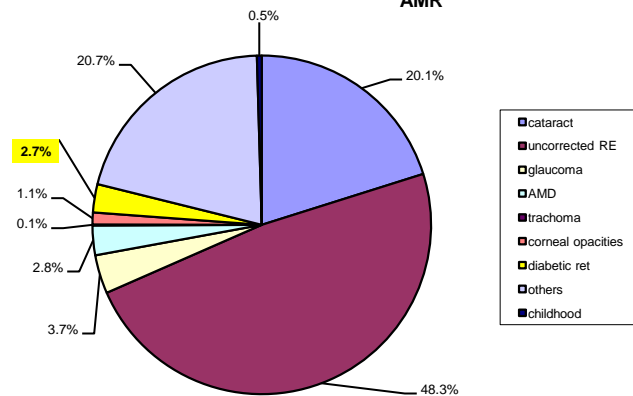
Visual Impairment including blindness

	tot VI	cataract	uncorrected RE	glaucoma	AMD	trachoma	corneal opacities	diabetic ret	others	childhood
Eur	28,214,708	5343646	16,064,549	837,687	753,299	12,792	210,311	268,774	4,658,356	65,294
Amr	26,612,131	5,360,158	12,849,813	981,724	751,292	25,216	302,497	718,550	5,501,012	121,870
Sear	90531576.09	40,282,848	31,206,982	991,578	557,763	80,566	1,115,525	123,947	15,658,364	514,004
Wpr	90,236,374.63	23,960,077	45,681,885	2,245,390	787,895	126,779	624,056	2,715,863	13,903,631	190,798
Afr	26,294,865	10,749,777	4,922,817	898,371	617,904	184,057	797,578	28,923	7,659,895	446,936
Emr	23,499,161	7,689,483	9,935,365	534,315	311,195	38,531	273,671	346,001	4,289,819	81,804
Word	285,388,816	93,385,988	120,661,412	6,489,065	3,779,347	467,940	3,323,638	4,202,059	51,671,077	1,420,706

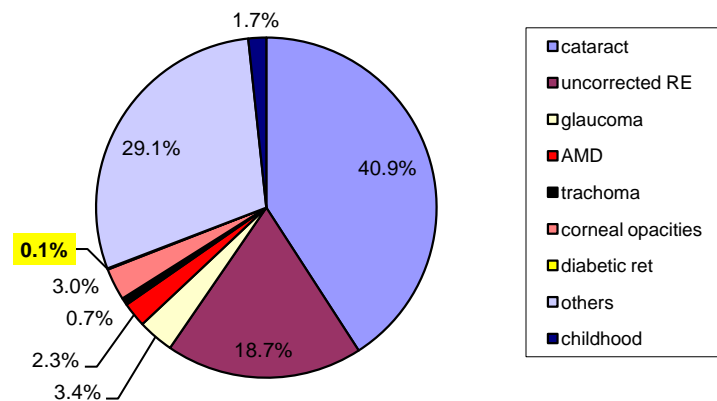
EUR



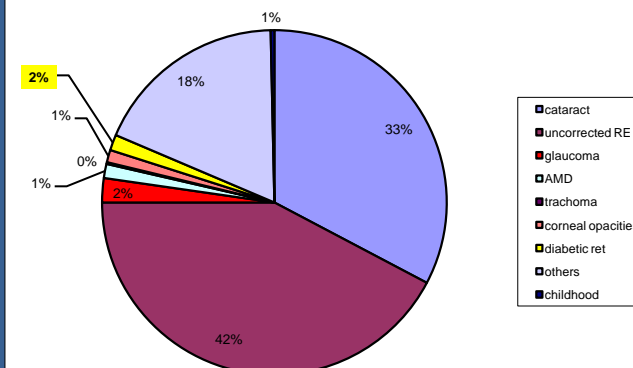
AMR



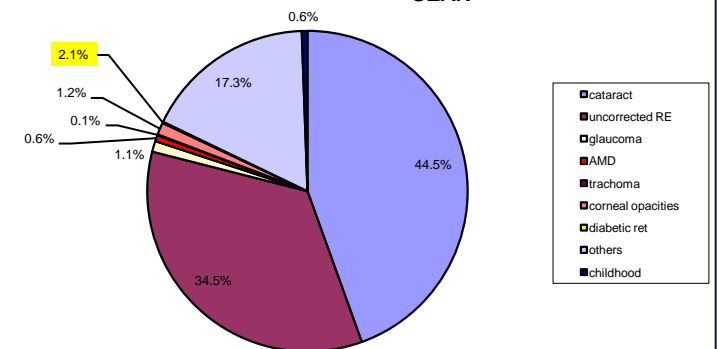
AFR



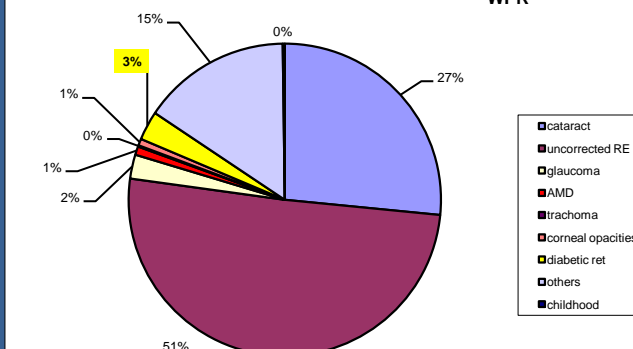
EMR



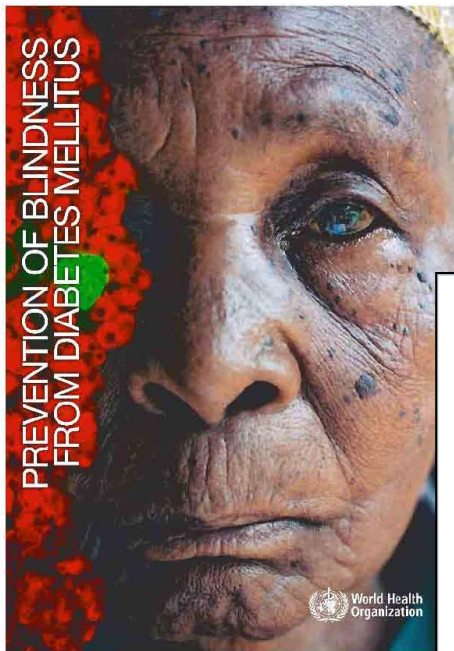
SEAR



WPR



PREVENTION OF BLINDNESS
FROM DIABETES MELLITUS



DM and DR management systems assessment project

16 countries in 2 years



TADDS

Tool for Assessment
of Diabetes
and
Diabetic Retinopathy
Management Systems



REPORT
Assessment of
Diabetes
Management
Systems
in the Philippines

2013

Tool for Assessment of
Diabetes Management
Systems